



Goalkeeping Academy

*Designed by goalkeepers.....
For goalkeepers*

www.hillcoatgoalkeeping.co.uk

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John Hillcoat has been a professional goalkeeper for the past 24 years and has recently retired from the senior game to concentrate on his Goalkeeping Academy. He has played for 15 Senior Football clubs including Dunfermline, Clydebank, St Mirren and Partick Thistle. During this time he has worked under some of Scotland's top goalkeeping coaches. He holds relevant goalkeeping coaching certificates and is a qualified PE teacher. John's vast experience has inspired him to form his own Goalkeeping Academy catering for goalkeepers working at boys' club/amateur level.

Regular visits to the Academy will give the youngsters a chance to:

- work with experienced SFA licensed coaches
- learn fundamental goalkeeping skills
- improve hand to eye coordination
- improve shot stopping
- improve handling
- improve distribution, positioning, crossing
- ...and a whole lot more

Details as follows:

Dates & Session times: **Thursdays (first session August 25th)**
6.00pm (age group 7-12)
7.00pm (age group 8-17)

Cost: £6 (sessions last one hour)

Venue: Clydebank High School, Clydebank.

LIMITED SPACES AVAILABLE!!!